



Mrs. Teresa Olin, 2009  
Mrs. North Dakota International

The You Cans are characters who believe in themselves to different degrees. In this issue I will be talking about the characters, The Best I. Cans, purple in color, which try the best that they can. They know that they are not perfect and enjoy things anyway.

A plaque that reads, "Too soon old, too late smart", used to hang in my grandmother's home and now hangs in our home. I believe that within most situations we are able to choose to grow and learn. If and when we choose to grow we will have the opportunity to gain new insight.

For me, being able to see individuals step out of their norm, their comfort zone, and try something new or do the best that they can even though the odds may be against them, is wonderful and beautiful to witness. I have found this happens more freely with individuals who are okay with their level of knowledge, even though they know that they are not perfect.

The Best I. Cans seek knowledge from those who have an understanding in an area in which they are looking to gain insight. I have found that in life individuals with this ability create pathways for themselves that are not always available to those less confident. Seeking wisdom from valuable sources provides opportunities

viable to making important choices in the future. Seek and you shall find.

Winston Churchill said that of all traits he could possess he would choose courage. He said with courage he could acquire all other traits. The word courage originates around 1250-1300. Courage is the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without fear; bravery.

I think courage may even help with problem solving since courage gives a person the ability to investigate, explore, and test ideas. How fun!

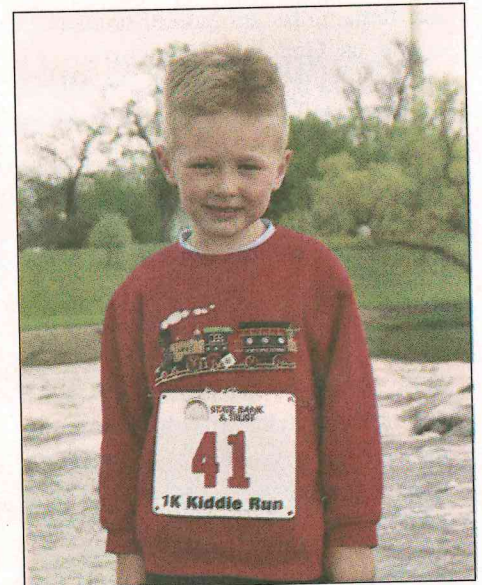
Here are two individuals who have the courage to go against the odds and maintain the source of the emotion to "give it a try!"

Mrs. Teresa Olin, 2009 Mrs. North Dakota International, will be going to Chicago soon to compete internationally. Mrs. Olin says, "Life is not about winning, instead the process and experience of learning that we can make a difference." Mrs. Olin believes that strength does not come from perfection; it comes from the support, respect and acceptance we offer each other and our children daily.

Andrew O. now approaching fourth grade reflects on trying the best he could. Andrew runs in at least one race every summer. In first grade he ran the mile. He says,

"Even though I only got third place I felt great. I knew that I did the best that I could; I was having fun!" Andrew said, "Do the best you can. Work your way up. Like it or not it's just a game!"

Be there for a child by modeling



Andrew O. - 4th Grade

courage as an adult. Remember that what you do in your time creates your story.

Missy Ohe  
The You Cans LLC